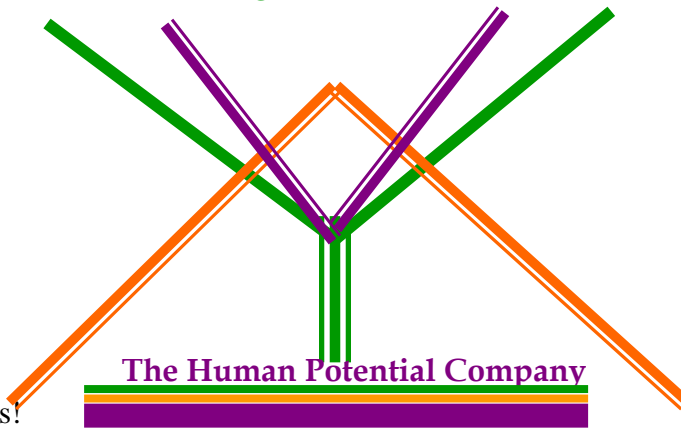


VAYA Institute

What Does Being Human Mean to You?®



April 21, 2009

Dear Community Member:

Happy Post-Inauguration Days!

It is exciting to be writing to you at this time! For me, it has been 21 years since I adopted the surname Vington meaning: “Committing my life to the steps that humanity needs to take in this 21 century.” [See website www.VayaInstitute.net, tab “About Vaya Institute,” sub-tab, “Leadership.”] Thus, I have developed the TECHNOLOGY to do so: **Human Core Community Process (HCP)**. The central challenge we face individually and collectively is that we are not functioning from the random-internal-reward cell (cell-I) of motivation science which is the consequence of there being no societal institution which **systematically** teaches us the **mind mechanics** of functioning in this cell... VAYA-HCP *does that!*

This is the discussion of Humanity Evolution, with technology.

MOTIVATION SCIENCE		
	Reward	Punishment
Present (give)	Cell I (+) (+)	Cell II (+) (-)
Absent (take)	Cell III (-) (+)	Cell IV (-) (-)

- MOTIVATION SCIENCE**
Cell-I Functions
- (1) Strong Choices—Cell-I
 - (2) Yes, we can! All is possible in Cell-I;
 - (3) Hope: Random positive reward—Cell-I
 - (4) Change/paradigm shift we can believe in--Moving humanity from Cells II-IV to Cell-I functioning;
 - (5) No need for drug and alcohol use—Cell I.

HCP can be regarded as a public health intervention of applied spirituality in a secular package. During HCP-training retreats participants get to connect with their core, clear out their past histories which are still burdensome, critically reformulate their present choice options, and make systematic plans to moving their lives powerfully. I have been conducting the HCP retreat training for about two years now, and the response from participants of different races, class, gender, educational/professional status is unequivocal: ***“This is a very powerful and important experience”***. I wish to fast track this intervention to the public at large.

I would appreciate the opportunity to make an in-person presentation to you and your staff.

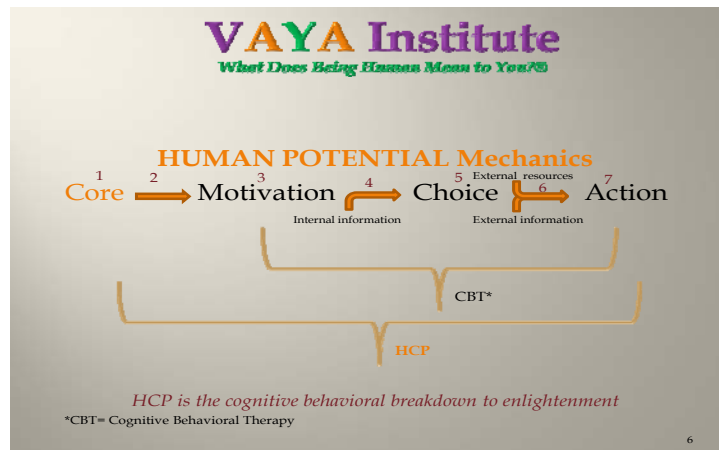
Sincerely,

Alexandre Sacha Vington, M.D.
Founder and CEO, Cellular: 917-589-9384

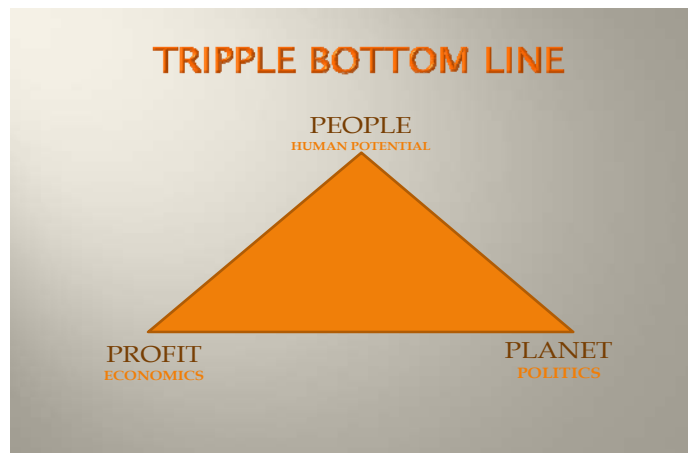
HUMAN POTENTIAL: Accessing of the power of the universe which flows within us ALL.

CORE: That part of us that connect us with not just each other, but the universe.

While we are focusing on the politics and economics of the national and global crises facing us, the cause of ALL of these is actually rooted in the CHOICES we are making individually and collectively. Choice, in turn, is a function of our human potential. With HCP, Vaya Institute is unique in providing a **SYSTEMATIC** technology to bring the discussion of *human potential* to the level of science, mathematics and evidence-based practice.



It is the inadequacy of our ability to systematically access our *human potential*, to function in cell-I of motivation science, which is the underlying contributor to ALL of our human challenges, individually and collectively. Human potential is the third leg in the *triple bottom line* paradigm.



ⁱ See website www.VayaInstitute.net, tab "About Vaya Institute," sub-tab, "Leadership."